

MEETING POINT: Start time, OS sheet number and grid reference for the meeting point are given for each walk- other map references may be included in the text.

**Some walks are not allocated a specific day to maximise the weather options. Ring the walk leader on the Thursday evening for more information**

**If you want to bring a dog please contact the walk leader beforehand**

**Please contact the walk leader if you want to go**

#### Walks Grading System

Our grading system is generally similar to that used by many walking clubs throughout the UK and beyond:

- A** Suitable for fit and experienced hill-walkers. Long mountain days with lots of ascent and descent over rough terrain, some of it steep.
- A+** indicates a grade at the top end of this category requiring scrambling experience, a good head for heights and the ability to cope with sustained traverses over very rugged and demanding terrain.
- B** Suitable for regular walkers, fit novices or anyone who takes regular aerobic exercise. Mixture of paths, tracks and rough terrain with some steeper gradients in places.
- B+** indicates a grade at the top end of this category because of longer sections of rough terrain and/or steeper gradients.
- C** Suitable for walkers with average fitness, limited experience, or anyone wanting to walk at an easy pace. Mainly on paths and tracks with easy gradients.
- C+** indicates a grade at the top end of this category because of some short sections of rougher terrain or steeper gradients (but not both together).
- WW** Short walks of 3 to 4 miles on good paths with little ascent for those who cannot do our other walks

Chairman/Walks Co-ordinator:

Graham Sage

<http://www.ammonadhruadh.com>

April 2026 - September 2026 Am Monadh Ruadh Walking Club Programme

<b><u>Date</u></b>	<b><u>Meet</u></b>	<b><u>Leader</u></b>	<b><u>Walk description</u></b>	<b><u>Length Ascent Grade</u></b>
18/19 Apr  Sat/Sun	Burnfield Car Park Grantown  09.15 for 09.30  OS 36 NJ 035281  Use minibus	Graham Sage  01479 870080  Mobile 07927 059429  <a href="mailto:grahamsage@outlook.com">grahamsage@ outlook.com</a>	<b><u>DUFFTOWN TO CRAIGELLACHIE</u></b>  Take minibus to start in Dufftown. Walk on good tracks down to finish at Craigellachie to collect minibus.  <b><i>There will be a £4 charge per person as agreed in the age</i></b>	6km/ 4ml   30m   C
02/03 May  Sat/Sun	Kincraig Community Hall  9.15 for 9.30	Sue Blumson  07952 404578  <a href="mailto:sue@blumson.com">sue@blumson. com</a>	<b><u>UATH LOCHANS FAR LEITIRE CRAG</u></b>  Walk on good paths to Lochans car park. We will have a coffee stop before there. Uphill from there to Far-leitire (1145 feet). Bit of a climb but we can take our time. Lunch before the crag where there are lovely views. Up to the crag and then down to the shoreline of Loch Insh through some wooded areas. Walk along the shoreline to Loch Insh Watersports. It's a bit rocky on the shoreline so take it easy. I would recommend poles for this walk. Back to Kincraig via the church where we can, hopefully, see the Ospreys and then to the Community Hall and the cars. It's a long walk but not difficult.	14.5km/ 9ml  140m   B
16/17 May  Sat/Sun	Nethy Bridge Hall cp  9.30 for 9.45  NH 908228	Jane Bache  01479 821262  07763 103955	<b><u>Carn Daimh Circuit from Tomnavoulin</u></b>  Condense cars and drive to Clash Woods carpark at NJ208265. The route is a mixture of woodland, farmland and open hillside. Join the Speyside Way to reach the summit of Carn Daimh, 570 metres, which can be quite exposed, but offers excellent views on a clear day. Descend North and the Eastwards back to Clash Woods. Can be boggy in places.	10km/ 6.6ml.  300m  B

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<p>30/31 May  Sat/Sun</p>	<p>Burnfield Car Park Grantown  09.00 for 09.15  OS 36 NJ 035281  Drive to Allanreid cp Glen Livet NJ 236248</p>	<p>Ruth Hems  01479 811188  mobile 07941 597285  <a href="mailto:ruth.hems3@btinternet.com">ruth.hems3@btinternet.com</a></p>	<p><b><u>LIVET PATH CIRCUIT - TOMNAVOUNLIN</u></b>  A fairly level circuit that takes in some bleak and wild moorland around the upper reaches of the Livet but with lovely far reaching views. Terrain is rough paths and tracks which could be muddy in parts. There will likely be livestock .</p>	<p>9.5km/ 6ml  150m  B</p>
<p>13/14 Jun  Sat/Sun</p>	<p>Park at woodland carpark Inverdrue  GR109902  Meet at 9:00 to catch No 30 bus 9:25 from Barn Cafe opposite carpark to Glenmore Visitor centre</p>	<p>Andrew Staton  07794 016602  <a href="mailto:anddstat@gmail.com">anddstat@gmail.com</a></p>	<p><b><u>MEALL A'BHUACHAILLE</u></b>  Wall to Ryvoan bothy via An Lochan Uaine (Green Loch). Take footpath sign posted to Meall a'Bhuachaille, from summit continue along path to descend the other side to arrive at Reindeer Centre, finish at Glenmore Visitor centre, option to stop at cafe before returning to carpark via bus. Advise bringing walking poles as the climb is steep and involves navigating many steps. Also advise bringing plenty of water for hydration especially if weather is warm.</p>	<p>9.16km/ 5.7ml  470m  B</p>
<p>27/28 Jun  Sat/Sun</p>	<p>Park at woodland carpark Inverdrue  GR109902  Meet at 9:00 to catch No 30 bus 9:25 from Barn Cafe opposite carpark to Glenmore Visitor centre</p>	<p>Andrew Staton  07794 016602  <a href="mailto:anddstat@gmail.com">anddstat@gmail.com</a></p>	<p><b><u>LOCH MORLICH TO ROTHIEMURCHUS</u></b>  Walk west along Old Logging Way to bridge over River Luineag at western end of Loch Morlich. Cross bridge and take main track to take right hand turn to Loch an Eilein and Coylumbridge. Walk to Cairngorm Club footbridge, cross bridge, follow path and take righthand fork to Coylumbridge. Walk to road at Coylumbridge then take Old Logging Way back to carpark.</p>	<p>11.7km/ 7.3ml  30m  C</p>

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11 Jul Sat	Carrbridge CP  9.45 for 10.00  OS36 NH90822  Use minibus	Graham Sage  01479 870080  Mobile 07927 059429  <a href="mailto:grahamsage@outlook.com">grahamsage@outlook.com</a>	<b><u>SLOCHD TO TOMATIN</u></b>  Drop off at Slochd Cottages, Follow the cycle track to Slochd Summit. <b><i>Cross the A9</i></b> and go onto the Old Military Road and follow this across open moors with lovely views, down to Raigbeg School 187m descent. Walk along road for about 800m to collect bus. Then possible cafe  <b><i>There will be a £4 charge per person as agreed in the agm</i></b>	7.4km/ 4.6ml  74m ascent  170m descent  C
25/26 Jul Sat/Sun	Ardvonie CP Kingussie  9:15 for 9:30am  OS35 NH755006	Sandra and Colin Dougall  01479 821462  Mobile 07724 055474  <a href="mailto:dougallsandra@gmail.com">dougallsandra@gmail.com</a>	<b><u>COIRE ARDAIR</u></b>  Condense cars and drive to Aberarder Carpark, off A86, Creag Meagaidh Nature Reserve. Follow the path, heading uphill, passing to the right of the large white building. After the initial uphill section, the path follows the contours more or less, with a downhill section at the end to reach Lochan a Choire. There are great views down to Loch Laggan if the weather is kind.	12km/ 7.5ml  430m  C+
08/09 Aug Sat/Sun	Burnfield CP Grantown  10.00 for 10.15  OS 36 NJ 035281  Drive to Glenmulliach Forest CP NJ193167	Ruth Hems  01479 811188  mobile 07941 597285  <a href="mailto:ruth.hems3@btinternet.com">ruth.hems3@btinternet.com</a>	<b><u>GLENMULLIACH FOREST - TOMINTOUL</u></b>  A combination of two walks climbing through the forest up to a moorland viewpoint overlooking Tomintoul and surrounding hills . Return through mixed woodland and passing a wildlife hide. Terrain is paths and tracks , steep with steps in places. Not a long walk but as we will be climbing we can take our time.	6km/ 3.75ml  180m  C

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22/23 Aug  Sat/Sun	Dalnahaitnach  at the end of the tarred road at NH856202  10.00 for 10.15	Raymond & Joan Jowett  Mobile 07766 025575  <a href="mailto:raymondjowett@aol.com">raymondjowett@aol.com</a>	<b><u>CARN SLEAMHUINN</u></b>  The start of the walk at Dalnahaitnach is reached by following the minor road on the south side of the River Dulnain from Carrbridge which starts opposite the shop beside the old bridge. Follow this road to the end of the tarred surface where there is sufficient parking. Walk along a good gradually track uphill beside the Allt an-t Slugain Dhuibh eventually reaching the summit of Carn Sleamhuinn at 677m, there is one, normally easy, stream crossing on the ascent. There are good views in all directions from the hill top. Descend north-east, initially across moorland to join a rough estate track, along a broad ridge which gives fine views down the Dulnain valley and Carrbridge. Pass the summit of Carn na Guaille following the track and eventually turn north-east to follow a path back to the starting point at Dalnahaitnach.	12km/ 7.5ml  366m  B
05/06 Sep  Sat/Sun	Burnfield CP Grantown  09.45 for 10.00  OS 36 NJ 035281	Duncan Grant  07511 684099  <a href="mailto:duncanneuk@gmail.com">duncanneuk@gmail.com</a>	<b><u>CASTLE GRANT POLICIES</u></b>  Park in the grammar school car park. Visit Old Grantown, Freuchies Hillock, a monument, an ancient hillfort and the Castle Gardens. Mostly good paths but some rough ground. Undulating. 9.5kms	9.5km/ 5.9ml  undulating  C
19/20 Sep  Sat/Sun	Meet at OS36 NH954190 - Car park at T junction with B970 Boat of Garten road.	Jo Ashley  07712 698929  <a href="mailto:ashleyjo342@gmail.com">ashleyjo342@gmail.com</a>	<b><u>LOCH GARTEN AND LOCH MALLACHIE</u></b>  A circular walk through the woods to Loch Garten and Loch Mallachie. This walk is on forest tracks and paths	8km/ 5ml  Negligible  C