

MEETING POINT: Start time, OS sheet number and grid reference for the meeting point are given for each walk– other map references may be included in the text.

Some walks are not allocated a specific day to maximise the weather options. Ring the walk leader on the Thursday evening for more information

If you want to bring a dog please contact the walk leader beforehand

Please contact the walk leader if you want to go

Walks Grading System

Our grading system is generally similar to that used by many walking clubs throughout the UK and beyond:

- A** Suitable for fit and experienced hill-walkers. Long mountain days with lots of ascent and descent over rough terrain, some of it steep.
- A+** indicates a grade at the top end of this category requiring scrambling experience, a good head for heights and the ability to cope with sustained traverses over very rugged and demanding terrain.
- B** Suitable for regular walkers, fit novices or anyone who takes regular aerobic exercise. Mixture of paths, tracks and rough terrain with some steeper gradients in places.
- B+** indicates a grade at the top end of this category because of longer sections of rough terrain and/or steeper gradients.
- C** Suitable for walkers with average fitness, limited experience, or anyone wanting to walk at an easy pace. Mainly on paths and tracks with easy gradients.
- C+** indicates a grade at the top end of this category because of some short sections of rougher terrain or steeper gradients (but not both together).
- WW** Short walks of 3 to 4 miles on good paths with little ascent for those who cannot do our other walks

Chairman/Walks Co-ordinator:

Graham Sage

<http://www.ammonadhruadh.com>

October 2025 - March 2026 Am Monadh Ruadh Walking Club Programme

<u>Date</u>	<u>Meet</u>	<u>Leader</u>	<u>Walk description</u>	<u>Length Ascent Grade</u>
04/05 Oct Sat/Sun	Ardvonnie Car Park, Kingussie 9.45 for 10am	Sue Blumson 07952 404578 sue@blumson.com	<u>CREAG BHEAG CIRCULAR</u> Gradual fairly steep walk to the summit 1583 feet. Coffee at the top. Fairly steep descent to Loch Gynack where we will have lunch. Walk back via the golf course and woodland path to the car park. There's a bit of road walking but it's a quiet road. Recommend poles for the ascent and descent.	8km/ 5ml 300m B
18/19 Oct Sat/ Sun	Burnfield CP, Grantown 09.15 for 09.30 OS 36 NJ 035281	Graham Sage 01479 870080 Mobile 07927 059429 grahamsage@outlook.com	<u>DAVA - GLEN BEG -GRANTOWN</u> Take the minibus up the Dava to the Jesus Saves stone. We walk back on good tracks via Glen Beg to Dreggie and down to Grantown	11.2km/7ml 50m C
01/02 Nov Sat/Sun	Inverdrue Long Stay CP 09.00 for 09.25 bus OS 36 NH 901110	Sue Blumson 07952 404578 sue@blumson.com	<u>BYNACK STABLE</u> We will take the 9.25 bus to Glenmore from outside the Barn Restaurant. (don't forget your bus pass) Walk towards Ryvoan Bothy via the Green Lochan (Lochan Uaine) then branch right on the Braemar Track. After about 3 miles we will have lunch by the river at Bynack Stable and return the same way. Possibility of tea break at the Community Cafe at Glenmore before getting the bus back. Buses are at 13.49 and 14.49 and 15.49 from opposite the visitor centre. It's a fairly flat walk but quite a long walk.	12.9km/8ml 100m C

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15 Nov Sat	Carrbridge CP 9.45 for 10.00 OS36 NH908228	Jane Bache 01479 821262 07763 103955	<u>INVERLAIDNAN / INSHARN / SLUGGAN</u> Condense cars and drive up Station Road to Inverlaidnan (867209). Walk along to the Archer's Stone, head up to Insharn and then along General Wade's military road to Sluggan. Return to cars via a woodland path. Good tracks and grassy paths all the way	10km/ 6.2ml 90m C
29/30 Nov Sat/ Sun	Slochd parking area just off the A9 (GR 847238) 09.15 for 09.30	Raymond & Joan Jowett Mobile 07766 025575 raymondjowett@aol.com	<u>CARN AN LAIR - SLOCHD</u> Cross the railway bridge and follow the track to Insharn then follow the a good hill track NW to the summit of Carn na Lair (599m) which offers fine views south to the Cairngorms and west across the Findhorn valley, Strathdearn, the Monadliath and beyond. From the summit follow the same track downhill to Insharn then back to the Slochd car park. In the event of mist or low cloud there are alternative low level walks in the area.	10km/ 6.5ml 310m B+
18 Dec	Boat of Garten Golf Club		<u>Christmas Walks</u> Details to follow	
10/11 Jan Sat/Sun			To be decided	
24/25 Jan Sat/Sun	Boat of Garten Community Hall CP 9.15 for 9.30 OS Explorer OL57 936188	Sandra and Colin Dougall 01479 821462 Mobile 07724 055474 dougallsandra@gmail.com	<u>BOAT OF GARTEN TO AVIEMORE</u> Condense cars and drive to the end of Kinchurdy Rd. The route is the Speyside Way, following signs for Kinchurdy initially. Keep to the main path all the way to Aviemore. Public transport back to Boat of Garten.	10km/ 6ml negligible C

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07/08 Feb Sat/Sun	Nethybridge Community Hall 10.15 for 10.30	Joy Johnston 01479 821861 mobile 07768 874 889 johnston_joy@hotmail.com	<u>NETHYBRIDGE CIRCULAR</u> In the forest. Route depending on weather. More details nearer the time.	8km/ 5ml negligible C
21/22 Feb Sat/Sun	Burnfield Car Park, Grantown 09.45 for 10.00 OS 36 NJ 035281	John Petrolini 01479 872522 Mobile 07821 662127	<u>ANAGACH WOODS</u> We approach Anagach wood via B9102. All paths in good condition . Arrive metal bridge Continue west of river Spey to Craigroy then towards old Spey Bridge. Back towards Grantown via old grand promenade.	11km/ 7ml negligible C
07/08 Mar Sat/ Sun	Ardvonnie Car Park, Kingussie 9.15 for 09.30 OS 35 NH755006	Sandra and Colin Dougall 01479 821462 Mobile 07724 055474 dougallsandra@gmail.com	<u>BEINN BHREAC</u> In Kingussie, take the Ardbroilach Rd, opposite The Star Hotel; follow this up the river, passing the golf course on your left. The road continues to the right past Pitmain Lodge, park just before the deer gate into the moor. We are following the main path which goes on to Carn an Fhreiceadain (optional depending on the group and the weather on the day) It is relatively easy going initially, but after reaching the new bothy, it is a bit more challenging, very steep until we reach the top. Fantastic views over The Cairngorms and The Monadhliaths and down to Loch Insh. We return by the same route. I would recommend sticks and if there is any hint of snow or ice on the day, crampons.	10km/ 6ml 483m B+

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21/22 Mar Sat/Sun	Nethybridge Old Station car park OS36 NJ001207 9.45am for 10.00am	Ruth Hems 01479 811188 mobile 07941 597285 ruth.hems3@btinternet.com	<u>ABERNETHY FOREST AND LYNGARRIE CIRCUIT</u> We follow the riverside path then up to a quiet minor road for a mile or so but with superb views all the way along across to the Cairngorms. Leave the road to follow old but good tracks to the isolated house at Lyngarrie then follow forest tracks back to the start. Short sections may be rough and boggy.	11.25km/ 7ml 106m C+
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