

**MEETING POINT:** Start time, OS sheet number and grid reference for the meeting point are given for each walk- other map references may be included in the text.

**Some walks are not allocated a specific day to maximise the weather options. Ring the walk leader on the Thursday evening for more information**

**If you want to bring a dog please contact the walk leader beforehand**

**Please contact the walk leader if you want to go**

#### **Walks Grading System**

Our grading system is generally similar to that used by many walking clubs throughout the UK and beyond:

- A** Suitable for fit and experienced hill-walkers. Long mountain days with lots of ascent and descent over rough terrain, some of it steep.
- A+** indicates a grade at the top end of this category requiring scrambling experience, a good head for heights and the ability to cope with sustained traverses over very rugged and demanding terrain.
- B** Suitable for regular walkers, fit novices or anyone who takes regular aerobic exercise. Mixture of paths, tracks and rough terrain with some steeper gradients in places.
- B+** indicates a grade at the top end of this category because of longer sections of rough terrain and/or steeper gradients.
- C** Suitable for walkers with average fitness, limited experience, or anyone wanting to walk at an easy pace. Mainly on paths and tracks with easy gradients.
- C+** indicates a grade at the top end of this category because of some short sections of rougher terrain or steeper gradients (but not both together).

**WW** Short walks of 3 to 4 miles on good paths with little ascent for those who cannot do our other walks

Chairman/Walks Co-ordinator:

Graham Sage

<http://www.ammonadhruadh.com>

## October 2023 - March 2024 Am Monadh Ruadh Walking Club Programme

<u><b>Date</b></u>	<u><b>Meet</b></u>	<u><b>Leader</b></u>	<u><b>Walk description</b></u>	<u><b>Length Ascent Grade</b></u>
07/08 Oct Sat/Sun	Burnfield Car Park Grantown 9.15 for 9.30 OS 36 NJ 035281	Shena Leal Mobile 07926 195958	<b><u>CARN DAIMH from Clash Wood Tomnavoulin</u></b> Condense cars and drive to Clash Woods car park NJ208264 The route is a mixture of woodland, farmland and open hillside. Connects with the Speyside Way to reach the summit of Carn Daimh 570m. It can be quite exposed but on a clear day offers excellent panoramic views of the surrounding mountains. The route can be boggy in places and walking poles are recommended. Descend to the north and then the east back to Clash Woods and the cars.	10km/ 6.5ml  339m  C+
21/22 Oct Sat/Sun	Ardvonie CP Kingussie  9.45for 10.00  OS 35 NH 755006	Sue Blumson 01540 651883  Mobile 07952 404578	<b><u>CREAG BHEAG KINGUSSIE</u></b> The walk is a gradual uphill walk on good paths to a height of 487m. Great views from the top where we will have a coffee stop. Plenty of places for a breather on the way up. There is a steep walk down to Loch Gynack again, on a good path but walking poles would be a good idea. Lunch at the side of Loch Gynack and then back via the golf course to the car park.	6.4km/ 4ml  250m  B
04/05 Nov Sat/Sun	Ardvonie CP Kingussie  9.30for 9.45  OS 35 NH 755006	Joy Johnston 01479 821861  mobile 07768 874 889  <a href="mailto:johnston_joy@hotmail.com">johnston_joy@hotmail.com</a>	<b><u>LOCHAN A'CHOIRE - CREAG MEAGAIDH</u></b> Condense cars and drive to Creag Meagaidh car park at Aberarder, Loch Laggan. Walk up good path into Coire Ardair to lochan in superb position below cliffs of Creag Meagaidh. Return same way. Poles recommended.	12km/ 7.5ml  350m  B
18/19 Nov Sat/Sun	Nethybridge Community Hall CP  9.45 for 10.00  OS 35 NJ 002205	Jane Bache 01479 821262  Mobile 07763 103955	<b><u>CIRCULAR ABOVE DORBACK</u></b> Condense cars and drive to Dorback Lodge. Take the Tomintoul track, and before the second gate, take a track to the left which ascends in a NW direction for about 450ft. The track then levels and turns NE. After some 2km the track descends S to join the track from Bridge of Brown. Return to Dorback on the lower track. Tracks all the way - some parts quite rough.	9km/ 5.5ml  145m  C+

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02/03 Dec Sat/Sun	Coylumbridge cp Lay-by on B970 beside caravan park  9.15 for 9.30  OS 36 NH 916108	Raymond & Joan Jowett  Mobile 07766 025575  <a href="mailto:raymondjowett@aol.com">raymondjowett @aol.com</a>	<b>GLEN EINICH</b> Starting from the parking area walk along good track through the forest with some good open views to the Cairngorms past Lochan Deo. After this point continue along the main Glen Einich path through very attractive Caledonian Forest to a path junction. Take the right hand track uphill, some short steep sections. There are increasingly good open views up the glen to Braeriach and Sgurr Gaoith to a high point of 471m. After this descend to the river and turn left to follow a track back down the river Am Beanaidh to rejoin the main track back down the glen. After this retrace our steps back to the starting point at Coylumbridge. Good tracks throughout the walk.	14km/ 8.7ml  246m  B
			<b>CHRISTMAS WALK</b>  Details to Follow	
13/14 Jan Sat/Sun			To be confirmed	
27/28 Jan Sat/Sun		John Petrolini 01479 872522  Mobile 07821 662127	<b>ANAGACH WOODS</b>  Details to Follow	
10/11 Feb Sat/Sun	Burnfield Car Park Grantown 10.00 for 10.15 OS 36 NJ 035281	Duncan Grant  Mobile 07511 684099	<b>DARNAWAY FOREST CIRCULAR</b> Condense cars and drive to DunEarn car park in Darnaway Forest. An undulating forest walk on little paths and estate tracks exploring the River Findhorn gorge.	7km/ 4.5ml  200m  C+
24/25 Feb Sat/Sun	Inverdruie Long Stay CP 10.00 for 10.15 OS 36 NH 901110	Jacquie Anslow  <a href="mailto:jpanslow@gmail.com">jpanslow@gmail .com</a>	<b>ORD BAN - INVERDRUIE</b>  Walk to Loch an Eilein and then up steeply on path to top of Ord Ban. Return to Inverdruie	10km/ 6ml  240m  C+

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09 Mar Sat	Burnfield Car Park Grantown 9.45 for 10.00 OS 36 NJ 035281	Ian Lamb  Mobile 07511 516285  <a href="mailto:ianglamb@btinternet.com">ianglamb@btinternet.com</a>	<b><u>CARN CATTOCH, ARCHIESTON</u></b> Condense cars and drive to Archieston on the B9102 (19 miles). Park in the square (south side) and walk through the village and then gently climb up to Carn Cattoch and return by a slightly different route to the cars. Good tracks and paths.	9.5km/ 6ml  163m  C
23/24 Mar Sat/Sun	Inverdruike Long Stay CP 9.15 for 9.30 OS 36 NH 901110	Sandra and Colin Dougall 01479 821462  Mobile 07724 055474  <a href="mailto:dougallsandra@gmail.com">dougallsandra@gmail.com</a>	<b><u>AN CARN GORM (CAIRNGORM)</u></b> Condense cars and drive up to ski car park. Walk up the access track and paths and return via Windy Ridge Path	11.3km/ 7ml  600m  B+
<b><u>BELOW</u></b>	<b><u>ARE</u></b>	<b><u>WW WALKS</u></b>	<b><u>WEEKDAY</u></b>	<b><u>DETAILS TO</u></b>
09 Oct Mon	Loch Garten Osprey Centre  11.15 for 11.30  OS 36 NH 979183	Sue Murray 01479 831012  Mobile 07780 583327	<b><u>TULLOCH</u></b> Condense cars and follow Sue to park at Tulloch (enough room for 4/5 cars). A short walk on tarmac.	4km/ 2.5ml  Negligible  WW
13 Nov Mon	Burnfield Car Park Grantown 10.45 for 11.00 OS 36 NJ 035281	Duncan Grant  Mobile 07511 684099	<b><u>DELLIEFURE BURIAL GROUND WALK</u></b> Condense cars and drive 4 miles to Dellifure Burial Ground. Follow the waymarked trail through the birchwoods with a lovely viewpoint, and along the side of the Dellifure Burn. There is one steep section, otherwise very easy stroll.	3.5km/ 2ml  A little  WW
04 Dec Mon	Castle Roy CP  10.15 for 10.30  OS 36 NJ 005220	Irene Farquhar  07902291080  <a href="mailto:irenefarquhar49@gmail.com">irenefarquhar49@gmail.com</a>	<b><u>CASTLE ROY AND CRAIGMORE WOOD</u></b> Walk around Craigmore Wood passing Aultmore, crossing the Allt Mor heading round Balnagowan Woods and Causer looping back to Allt Mr and back to Castle Roy	5.5km/ 3.5ml  A little  WW

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15 Jan Mon	Carrbridge CP  9.45 for 10.00  OS 36 NH 908228	Bill Steele 01479 870154 Mobile 07771772166 <a href="mailto:wmsteele33@aoi.com">wmsteele33@aoi.com</a>	<b>2 HUMPED BACK BRIDGES WALK</b> Station road to Sluggan Bridge turn off. Then to bridge and back to start	6.4km/ 4ml  100m  WW
05 Feb Mon	Grantown parking lot on A939 Spey Ave. 10.15 for 10.30  OS 36 NJ031276	Irene Farquhar  07902291080  <a href="mailto:irenefarquhar49@gmail.com">irenefarquhar49@gmail.com</a>	<b>GLENMULLIACH VIEWPOINT TOMINTOUL</b> Condense cars, drive to Glenmulliach Forest CP NJ 193 168. Coffee here and begin a lovely gradual walk to the viewpoint. We'll stop here for lunch and, on a clear day, there are panoramic views of the high tops of the Eastern Cairngorms and across the estate to Tomintoul. Descent, return to CP.	5.5km/ 3.5m/  gentle 100m  WW
19 Mar Tue	BoG Community Hall 10.45 for 11.00 OS 36 NH 189937	Anne Goodall 01479 831562 Mobile 07554 428390	<b>BOAT OF GARTEN WOODS CIRCUIT</b> Walk on good paths. First mile on all abilities trail. Can opt out there.	3.2km/ 2ml  Negligible  WW